

Please inform your server of any special instructions when placing your order. Make sure to be specific about any allergies

RECOMMENDED MENU ITEMS
FOR GUESTS WITH
Wheat/Gluten
ALLERGIES

Within the following menus are dishes that we believe comply with certain dietary restrictions.

We are not an allergen-free kitchen.*

APPETIZERS

- Raw Bar Items (Clams & Shrimp)
- Chicken Scarpariello Wings (potential fryer cross-contamination)
- Roasted Peppers, Mozzarella & Anchovy
- Zuppa Di Clams (red or white sauce)
- Zuppa Di Mussels (red or white sauce)

SALADS

- Carmine's Salad
- Mixed Green Salad
- Caesar (ordered without croutons)
- Caprese Salad

GLUTEN-FREE PASTA *Made with Cornmeal & Water*

- Pomodoro
- Marinara
- Giardiniera
- Mixed Seafood (red or white sauce)
- Sausage Links w/ Marinara
- Broccoli (red or white sauce [ordered without bread crumbs on white sauce])
- Broccoli & Sausage (red or white sauce [ordered without bread crumbs on white sauce])
- Garlic & Oil [ordered without bread crumbs]
- Calamari (red or white sauce)
- Clam (red or white sauce)
- Country Style
- Shrimp (red or white sauce)
- Vodka

SIDES

- Peppers & Onions
- Broccoli
- Broccoli Rabe
- Escarole
- Sausage
- Spinach

ENTRÉES

- All Porterhouse Steaks
- Chicken Contadina
- Chicken Scarpariello
- Lobster Fra Diavolo (ordered over gluten free pasta)
- Shrimp Fra Diavolo
- Shrimp Marinara
- Salmon (ordered with no bread crumbs)

DESSERTS

- Tartufo
- Fresh Fruit
- Chocolate Torte
- Titanic/Tugboat (ordered without cookies)

We are not an allergen-free kitchen.

* Though we will do our very best to use only the correct ingredients, in a kitchen of our size, the possibility of cross-contact does exist.

Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.